What is a CSA?

CSA is short for Community Supported Agriculture. Farmers offer a certain number of shares (AKA memberships or subscriptions) for you to purchase. You receive a “share” of the harvest every week of the farm’s season.

DETAILS
You pick the CSA style that works for you and sign up with the farmer. Each CSA is different, from product type to payment system to commitment level.

FINE PRINT
A traditional CSA model asks you to pay up-front for the season. If the harvest is modest, the share may be sparse. If the season is abundant, your share will reflect that! By participating in a CSA you share risk (and reward) with your farm.

THERE’S MORE
There are many variations on this model; online, customizable, work-based, etc. Contact your farmer to hear about their unique CSA.
**A PLACE OF THE HEART FARM**  
heartplace@peoplepc.com, (423) 784-3401  
255 Terry Creek Ln, Pioneer  
A small community of individuals dedicated to growing the healthiest produce available. Mostly open-pollinated, heirloom seeds. Vegetable CSA with possibility of melons in September. Fresh produce through the winter.

**BEARDSLEY COMMUNITY FARM**  
beardsleyfarm@gmail.com, (865) 546-8446  
1741 Reynolds St, Knoxville  
Urban farm promoting food security and sustainable urban agriculture. Workshare CSA for local, low-income individuals. Work with farm staff M-F 9am - 3pm. After 4 hours of volunteering, you earn a large basket of produce. Applications accepted on a rolling basis.

**CITY POSSUM FARM**  
citypossum@gmail.com, (540) 383-4629  
Knoxville  
Variety of chemical and pesticide-free produce. CSA includes greens, sprouts, root vegetables, tomatoes, peppers, herbs, flower bouquets, and more. Single or double shares available.

**DIRT POOR FARM**  
dirtpoorfarm@outlook.com, (423) 329-5752  
184 County Road 323, Sweetwater  
Choose vegetable-only or vegetable/meat CSA; full and half shares available. Seasonal vegetables, tomatoes, peppers, herbs, flower bouquets, and more. Single or double shares available.

**GARDEN DELIVERY CSA**  
twochicksandafarm@yahoo.com, (865) 441-5743  
New Market  
Order what you want, when you want. Flexible CSA with $25 new/$15 returning member fee. Receive email order form each week and customize your weekly order. No minimum, can skip weeks. Year-round.

**HATFRESH**  
sales@hatponics.com, (423) 567-5428  
6800 Waller Ferry Road, Lenoir City  
Fresh, aquaponic produce. Easy online ordering, multiple pick-up locations, and home delivery option. Add-on meat, eggs, dairy, and more. Weekly or bi-weekly.

**HINES VALLEY FARM**  
john@hinesvalleyfarm.com, (865) 202-2921  
Lenoir City  
Superb tasting, locally-grown, and USDA organic vegetables, grown to minimize environmental harm.

**SEVEN SPRINGS FARM TO TABLE**  
mail@sevenspringsfarmtn.com, (865) 745-2902  
1472 Highway 61 E, Maynardville  
We guarantee you the best of our spring and summer harvest. Option to swap out items at time of pick-up. Add fresh bread, eggs, and/or Angus ground beef.

## Produce Listing

<table>
<thead>
<tr>
<th>Farm</th>
<th>Produce/Meat</th>
<th>Week</th>
<th>Price/Discount</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Place of the Heart Farm</td>
<td></td>
<td>Sep–Feb</td>
<td>$29.17</td>
<td>CNG</td>
</tr>
<tr>
<td>Beardsley Community Farm</td>
<td></td>
<td>May – Nov</td>
<td>$37.50</td>
<td>Paypal</td>
</tr>
<tr>
<td>City Possum Farm</td>
<td></td>
<td>May – Aug</td>
<td>$38.75</td>
<td>Venmo</td>
</tr>
<tr>
<td>Dirt Poor Farm</td>
<td></td>
<td>Jun – Oct</td>
<td>$23.86</td>
<td>Paypal</td>
</tr>
<tr>
<td>Garden Delivery CSA</td>
<td></td>
<td>Year Round</td>
<td>$21.04</td>
<td>Paypal</td>
</tr>
<tr>
<td>HATfresh</td>
<td></td>
<td>Year Round</td>
<td>$25</td>
<td>Certified Organic</td>
</tr>
<tr>
<td>Hines Valley Farm</td>
<td></td>
<td>May – Oct</td>
<td>$25</td>
<td>SNAP</td>
</tr>
<tr>
<td>Seven Springs Farm to Table</td>
<td></td>
<td>May – Sep</td>
<td>$22 – $35</td>
<td>Certified Organic</td>
</tr>
<tr>
<td>VOL Supported Agriculture</td>
<td></td>
<td>May – Oct</td>
<td>$25</td>
<td>Certified Organic</td>
</tr>
</tbody>
</table>

**NOTES**

- **CNG** = Certified Naturally Grown  
- **SNAP** = Supplemental Nutrition Assistance Program  
- **Venmo** = Accepts Credit Card  

*Pricing based on pay in full options. Contact farms for other pricing structures.*